RAMADAN ACTIVITY WORKBOOK
Ramadan Kareem!

As-salaamu alaykum dear Parents,

Welcome to the special edition of the Ramadan Activity Book! We hope you enjoy this free gift from us and may this blessed month be fruitful and bring us all peace and closeness to the All-Mighty!

In Peace,
The Jannah Jewels Team

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Enjoying this Ramadan Booklet?

Check out the full Jannah Jewels Activity Book PDF!

It is loaded with over 120 pages of activities, puzzles, colouring pages and more to keep your child occupied and strengthen their character!

Click Here To Find Out More!

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Share this Ramadan Workbook with your Friends and Family!

www.JannahJewels.com
# My Ramadan Salah Tracker

**Draw a star in each box when you complete the prayer!**

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<th>DAY #</th>
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**Totals:**

Try and keep up - the jewels will check on you on 'Eid!
1. Get excited to pray every day and complete the chart!
2. Decorate the house for Ramadan.
3. Volunteer to do extra clean-up after iftar every night.
4. Ask an older relative to describe their favorite Ramadan memory.
5. Try not to complain even once today.
6. Focus on being patient today.
7. Say 'Alhamdulillah' after each meal.
8. Think of someone you have angered recently and apologize.
9. Pick up garbage in your neighborhood.
10. Thank Allah when you wake up and right before bed each day.
11. Share your toys, books, or clothes with others.
12. Think of someone you are mad at, forgive them, and make a du'a.
13. Talk with your family about refugees and pray for them.
14. Tell each family member why you love them.
15. Learn a new du'a and teach it to someone else.
16. Compliment five people today.
17. Learn three names of Allah and discuss how they make you feel.
18. Cook food and decorate cards for your neighbours.
19. Say As-salaamu alaikum to a new person today.
20. Pray with all of your family members for at least one prayer.
21. Try to say kind things to others even when you feel grumpy.
22. Help set the table, hand people dates, and pour the water.
23. Volunteer to help in your community.
24. Read a Surah from the Quran and discuss it with others.
25. Focus on being generous today and give your time and love.
26. Call or email a family member you have not talked to recently.
27. Write many new du'a and recite them on Laylatul Qadr.
28. Reflect on loving the poor and less fortunate.
29. Buy 'Eid gifts and attend an 'Eid Toy Drive.
30. Decorate and help prepare for 'Eid!
Ramadan Mubarak!

Fasting
No food or water during the day, but breaking the fast with family at iftar is the best!

Prayer
Pray on time each day!

Charity
Remember those who are less fortunate, and donate your time and money!

DRAW YOUR FAVOURITE FOODS FORIFTAR!
WHAT DOES THE QUR’AN SAY?

"O you who have believed, decreed upon you is fasting as it was decreed upon those before you that you may become righteous. The fasting is for a limited number of days...to fast is best for you, if you only knew. The month of Ramadan was revealed in the Qur’an as a guidance for the people, and clear proof of guidance and order. So whoever sights the new moon of the month, let him fast it."

Al-Baqarah 2:183-185

REFLECT ON THIS PASSAGE

Why do we fast during Ramadan?

How long is fasting?

How do you know when to fast?
New Moon

Ramadan begins when the new moon is seen in the sky. So, sometimes Ramadan starts on different days in different parts of the world. But what is the new moon? Sara knows!

A new moon occurs when the moon is between the earth and the sun, and you can only see a tiny little sliver of the moon!

Keep your eyes to the skies every night, and in a week, you'll see a half-moon!

And halfway through Ramadan, look up to see the full moon!
MOROCCAN HARIRA

INGREDIENTS

½ lb ground lamb sausage (or plain lamb)
4 tbsp of olive oil
½ cup of finely minced onions
3 large tomatoes, diced
( or one large can)
2 cloves of garlic, minced
2 tbsp of tomato paste
1 cup brown lentils, cooked
2 cups chickpeas
1 carton lamb or vegetable stock
1 8-10 oz. bag vermicelli noodles

1 tsp each (or more, to your taste):
cumin, coriander, smoked paprika, cinnamon,
black pepper, nutmeg, mint, and red pepper flakes

DIRECTIONS

- First, fry the lamb in a non-stick pan, constantly stirring to break the sausage into small pieces, until the edges are crispy. Remove from the meat from the pan and rest on a paper towel to drain the excess fat. Set aside.
- Either use the sausage grease, or use a new pan with olive oil, and fry the onions for 8-10 minutes until soft and golden brown.
- Add the tomatoes, garlic, and tomato paste, and then continue cooking while stirring for 5 minutes.
- Add the cooked lentils, lamb, and chickpeas, and all spices.
- Pour in lamb broth and bring to a boil.
- Add the uncooked vermicelli noodles - they'll cook in the broth!
- Reduce the heat to medium-low and cover.
- Allow for the soup to cook for about 20 minutes.
- Remove from heat and serve with a lemon or lime wedge.
- Try it with figs or boiled eggs!

Vegetarians can skip the lamb!

KITCHEN CONNECTIONS

This spicy, thick Moroccan stew is used to break the fast in every house, every evening, and is shared with others. The dish is so old, even Fatima al-Fihri would have eaten this soup during Ramadan!
# IMAN'S RAMADAN CRAFTS

## 30 DAYS OF RAMADAN!

Color this Ramadan calendar, and then hang on your wall to keep track of the days!

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Find and circle the words Jaffar has hidden!
They can be forward, backward, up, down, or diagonal!

ALLAH  IFTAR  QURAN
CHARITY  LOVE  REFLECTION
EID  MAGHRIB  REWARDS
FAITH  MOON  SALAT
FAJR  MOSQUE  SHARING
FAMILY  PATIENCE  SUHOOR
FASTING  PEACE  SUNNAH
Prepare for Prayer!

Decorate Jaide's prayer rug before Maghrib prayers!
Egyptian Fava Bean Stew

- 1 (15 ounce) can fava beans
- 1 1/2 tablespoons olive oil
- 1 large onion, minced
- 1 large tomato, well diced
- 1 teaspoon ground cumin
- 1/4 cup chopped fresh parsley
- 1/4 cup fresh lemon juice
- salt and pepper to taste

- Fill a pot with the beans and a quarter cup of water, bringing the beans to a boil.
- Add onion, tomato, olive oil, cumin, parsley, lemon juice, and salt and pepper to taste.
- After a minute of boiling, reduce the heat to medium. Let the mixture cook 5 minutes.
- Serve warm with grilled pita, hummus, or the eggs below!

Turkish Paprika Eggs

- 3 cloves garlic, minced
- 1 1/2 cups plain Greek yogurt
- 1 pinch salt
- 1 quart water
- 1 tablespoon vinegar
- 6 eggs
- 2 tablespoons butter
- 1 teaspoon paprika

- Boil the water with the vinegar, and poach the eggs. Plate the eggs.
- Whip the garlic, yogurt, and salt together in a bowl and spoon over the eggs.
- Melt the butter with the paprika, until the two are mixed. Pour over the eggs.
- Serve with toast, or potatoes, or fava bean stew!
Sara and the Jewels know that dehydration can be a serious challenge during Ramadan, when they can't drink water during the day. Color each shape as you learn about ways to stay healthy during Ramadan!

**Fight Dehydration!**

- Drink water every hour, even if you aren't thirsty yet!
- You need 8 glasses of water after iftar!
- Eat soup!!
- Eat juicy fruits!
Help Jaffar and the Jewels to chase Moe and Slim through the maze!
JAIDE’S RAMADAN ART

DAY 13

JANNAH JEWELS
JEWELS’ RAMADAN GROWTH

RESPECTFULNESS

All the Jewels work to show respect to their Teachers, to their families, to each other, and to themselves. During Ramadan, when we are hungry, that can be harder - but that is when it is the most important to be respectful. Always be respectful, and others will respect you in return.

I CAN SHOW RESPECT BY:

I WILL WORK HARD TO BE RESPECTFUL DURING RAMADAN WHEN:

SOME PEOPLE I WILL SHOW RESPECT TO ARE:
During the sunsets and sunrises of Ramadan, we can become so focused on food. Be like Sara and take time to look at the sky, pause, and think about Allah's wonderful gift of nature. Reflection allows us to be humble - so clear your mind and try thinking about these questions with Sara!

**Why did Allah give us this glorious gift of nature?**

**What are my favorite parts of nature?**

**What can I do to help protect the gift of nature?**
Sadaqa Envelope

Make a fancy envelope to collect money to give for sadaqa, or to give to a younger sibling as an 'Eid gift!

Take a rectangular piece of wrapping paper and lay it down with the plain side up. Fold a little on each side along the dotted lines show here.

Fold the bottom third up, along the dotted line shown here.

Tape the two side edges to seal the envelope. Once you fill it, fold the top down so it looks pretty!
Color a hijab pattern in the circle for each Jannah Jewel - remember to think about what activities she likes and how she can stay modest while doing those activities!
Jaffar’s gotten all mixed up, but luckily, he can get it sorted out with your help before iftar tonight! Unscramble these words, and write them right in the box to help Jaffar prepare for breaking the fast!

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NOT EVERYONE CAN FAST... BUT THAT’S OK!

“Fasting is for a limited number of days. So whoever among you is ill or on a journey during Ramadan - then an equal number of days can be made up. And upon those who are able to fast, but with great hardship - a substitute payment of feeding a poor person for each day. And whoever volunteers excess - it is better for him. But to fast is best for you, if you only knew... Allah intends for you ease and does not intend for you hardship and wants for you to complete the period and to glorify Allah for that to which He has guided you; and perhaps you will be grateful.”

Al-Baqarah 2:184-185

SOME PEOPLE DO NOT HAVE TO FAST DURING RAMADAN

Travelers
Those who are ill or take medicine
Pregnant women
Professionals who need to focus, like surgeons, or pilots

ALLAH PROVIDES OTHER WAYS TO CELEBRATE HIS GLORY! FILL OUT THE EMPTY DESIGNS WITH MORE IDEAS!

Fast later when healthy or not traveling
Donate to charity
Volunteer to serve iftar to the poor

Chief
LIVING JOYFULLY

GROWTH MINDSET

Which people in your life bring you joy?

What activities fill you with joy?

What can you do to spread joy to others?
Help Jaffar fill in the crossword!

ACROSS
4 Building where Muslims pray
8 Jannah Jewel with her Book of Knowledge
9 Virtue: Giving to others
12 Prayer
13 Not eating during the day
14 Holy Book of Islam

DOWN
1 Thinking about yourself, others, and Islam
2 Jannah Jewel who loves food
3 Leader of the Jannah Jewels
4 Celestial body that marks the beginning of Ramadan
5 Jannah Jewel swimmer who loves the environment
6 Virtue: not bragging or showing off
7 End of Ramadan celebration
10 Month of fasting and reflection
11 Meal for breaking the fast
Time to enjoy your Healthy Iftar Plate.

- One serving protein
- One serving starch
- Two servings veggies (or replace one with fresh fruit)

Jaide always remembers to create a healthy plate, even during Ramadan. Draw your healthy Iftar plates!
The Jewels know that one of the kindest, most noble things you can do is volunteer your time. The less fortunate often just need a little help, and by volunteering, you can show honor during Ramadan!

Have you ever volunteered? What did you do? How did you feel after?

How can you volunteer during Ramadan? What could you do to help others?

Why is it important for all Muslims to volunteer their time and effort?
IMAN'S RAMADAN LEARNING

DAY 24

Ramadan Around the World

Iman loves to learn more about other cultures and how they celebrate Ramadan!

Try some of the unique recipes in this book!

Iftar

Streets are decorated all over the world!

Dates and other foods remind Muslims of the deserts around Mecca and Medina.

What are your favourite foods to eat in Ramadan?
The Jewels know that kindness is not just something to receive, it is something to give! Being kind is a sign of strength and grace. During Ramadan, sometimes it is hard to be patient and kind during fasting. But Ramadan is also the most important time to be kind! So try this activity to keep kindness on your mind!

Who are some people you should be kind to?

What are some ways you can be kinder to others?

How do you feel when people are kind to you?

What are some ways you can help others be kinder, and spread kindness to all?

How do others feel when you are kind to them?
HIDDEN IN THE NUMBERS

SOLVE THE EQUATIONS TO FIND JAFFAR’S HIDDEN MESSAGE!

Solve the equations below. Each answer corresponds to a letter at the bottom. Write the letters down on the blank spaces to decode the secret message!

R 17 - 12 =
P 4 + 6 + 3 - 1 =
A 9 + 6 - 4 =
H 5 + 6 - 7 + 8 - 6 =
A (7 x 2) + 3 =
Y 5 x 4 =
N 5 + 6 + 1 - 3 =
D (20 / 5) - 2 =
A 12 + 4 - 8 =
P 15 - 12 =
M 7 - 5 + 4 - 5 =
A 7 + 5 + 3 + 2 =

JAFFAR’S SECRET MESSAGE

6 8 3 12 20 5 17 1 14 2 11 9
Laylut al-Qadr

Indeed, Allah sent the Qur’an down during the Night of Decree...The Night of Decree is better than a thousand months. The angels and the Spirit descend therein by permission of their Lord for every matter. Peace! - Al-Qadr 1:1-5

Prayers on Laylatul Qadr are more powerful than any other time of year!
Write eight du'as to prepare!

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EID SPICY CHOCOLATE DATE TRUFFLES

INGREDIENTS

- 20 dates, de-seeded and chopped
- 1 1/2 tablespoons raw cocoa powder
- 1/2 tablespoon chili powder
- 1 teaspoon ground cinnamon

2 teaspoons each, crushed into small pieces (optional):
- pistachios, walnuts, shredded coconut,
- pomegranate seeds, flaxseed

DIRECTIONS

- Blend the dates in a food processor (or blender) until you have a smooth paste.
- Mix in ¾ tablespoon cocoa powder and the chili powder. Blend until smooth.
- Remove the paste and set in a bowl.
- Roll the spicy fig paste into round balls like truffles.
- Combine the remaining cocoa powder with the cinnamon on a flat surface.
- Roll each truffle around in the coco-cinnamon mix until they are covered.
- (optional): You can also roll the truffles in other toppings, creating variety that will please any crowd!
- Store in an airtight container in the refrigerator - they are good for a whole week.

Dates have been the traditional snack at festivals and celebrations in the Middle East for thousands of years! This easy recipe modernizes a comfort food for all ages!
Zakat al-Fitr

Zakat al-Fitr is a gift you give to those less fortunate, to thank Allah for the month of fasting! All Muslims must give some zakat to the poor before 'Eid, so that the entire community is brought together in sharing and caring.

Ask your family if you can give some money to your family’s zakat!

Draw yourself sharing food with your neighbour!
Preparing for Eid!

With Eid coming tomorrow, the Jewels prepare for the upcoming celebrations!

Have you helped in the kitchen or with the table, to prepare for Eid celebrations?

How did you do on your Day 2 Good Deeds List?

Have you prayed and reflected upon the Qur’an? How did you do on your Day 1 Salah Tracker?
Did You Enjoy This Ramadan Booklet?

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Click Here To Find Out More!

This boxed set is the ultimate gift for young readers!

When the Jannah Jewels discover a mysterious time-travel tree filled with a map, mysterious objects, and a secret scroll in a Golden Clock, they never dream that it will take them on exciting adventures around the world and throughout history!

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